

**State Technical College of Missouri
Practical Nursing Technology
Observation Site Suggestions**

Before job shadowing in most healthcare facilities, individuals must meet the health requirements for the staff. This usually requires individuals to:

- Present records to show they have **up-to-date vaccinations**. These vaccinations are usually the same ones required by the local school system to attend school.
- Have a **yearly tuberculosis skin test**.
 - The skin test can be obtained from the local Health Department for a nominal fee. The test also needs to be read 48 to 72 hours later at the same facility.
 - **Note:** Sometimes positive results occur without the presence of an active tuberculosis infection. If that occurs, contact your physician and follow procedures.
- Individuals need to report the date of their full-blown outbreak of Chicken Pox on their vaccination record. If they haven't had Chicken Pox, they will need to get a blood test (a "varicella titer") to see if they are already immune to Chicken Pox, and if not, they will need a varicella vaccination (a "VV vaccination"). Healthcare facilities require health workers who have not had Chicken Pox to be immunized against it.
- There may be other specific requirements at the healthcare facility you choose to complete observation hours, so expect this experience to take several weeks from start to finish.

Below are several healthcare facilities that will allow job shadowing for individuals interested in the Practical Nursing Technology program. **Individuals are not limited to the list below when completing the observation experience, but must observe a Licensed Practical Nurse.**

SKILLED NURSING FACILITIES

- **Heisinger Bluffs**
1002 West Main Street
Jefferson City, MO 65109
Phone: 573-636-6288
Contact: Anna Holt
E-mail: anna.holt@lssliving.org

- **St. Joseph Bluffs**
1306 West Main Street
Jefferson City, MO 65109
Phone: 573-821-3077 (cell)
Contact: Jessica Long
E-mail: Jessica.m.long@lssliving.org

CLINICS

- **Jefferson City Medical Group**
1241 West Stadium Blvd.
Jefferson City, MO 65109
Phone: (573)635-5264
Contact: Melissa Downing, Human Resources
Phone: (573)556-7768
E-mail: mdowning@jcmg.org

- **St. Mary's Pediatric Clinic**
3348 American Avenue
Jefferson City, MO 65109
Phone: (573)761-7210
Contact: Suzanne Massman, LPN – Physician Services Manager
E-mail: Suzanne.massman@ssmhealth.com

HOSPITAL ACUTE CARE UNIT

- **Capital Region Medical Center**
1125 Madison Street
Jefferson City, MO 65101
Phone: (573)632-5000
Contact: Karen Sholes
Phone: (573)632-5032
E-mail: ksholes@crmc.org
- **St. Mary's Health Center**
2505 Mission Drive
Jefferson City, MO 65109
Phone: (573)681-3000
Contact: Dalton Turner
Phone: (573)681-3588
Cell: (573)680-7678
E-mail: Dalton.turner@ssmhealth.com

OTHER AREAS:

- **Maplewood Residential Center (Psychiatric Residential Facility)**
1827 Crader Drive
Jefferson City, MO 65109
Contact: Shay Ochoa
Phone: (573)635-0023 ext. 207
E-mail: shayochoa@gmail.com